

Variable	Mean	SD	Min	Max	Skewness	Kurtosis	Normality
Age	38.5	12.5	25	65	0.1	3.0	0.95
Gender	0.5	0.5	0	1	0.0	3.0	0.95
Marital Status	0.7	0.5	0	1	0.0	3.0	0.95
Education	12.5	2.5	9	16	0.1	3.0	0.95
Income	1500	500	500	3000	0.1	3.0	0.95
Health	0.8	0.2	0	1	0.0	3.0	0.95
Stress	0.6	0.3	0	1	0.0	3.0	0.95
Depression	0.4	0.3	0	1	0.0	3.0	0.95
Life Satisfaction	0.7	0.3	0	1	0.0	3.0	0.95
Resilience	0.6	0.3	0	1	0.0	3.0	0.95
Optimism	0.7	0.3	0	1	0.0	3.0	0.95
Self-Esteem	0.8	0.2	0	1	0.0	3.0	0.95
Emotional Stability	0.7	0.3	0	1	0.0	3.0	0.95
Life Satisfaction	0.7	0.3	0	1	0.0	3.0	0.95
Resilience	0.6	0.3	0	1	0.0	3.0	0.95
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